COMM 616: Modern Optimization with Applications in ML and OR 2024-25 Fall Lecture 9: Unified Convergence Analysis Framework for PGD Instructor: Jiajin Li

1 Optimization Problem

In this class, we focus on

$$
\min_{\boldsymbol{x}\in\mathbb{R}^d} F(\boldsymbol{x}) := f(\boldsymbol{x}) + g(\boldsymbol{x}).
$$
\n(P)

Here, we have

- (i) The function $f : \mathbb{R}^d \to \mathbb{R}$ is L-smooth.
- (ii) The function $g : \mathbb{R}^d \to \overline{\mathbb{R}}$ is convex, closed, and (possibly) non-smooth.
- (iii) The proximal operator $prox_{tq}(\cdot)$ is easily computed. (e.g., ℓ_1 , ℓ_{∞} norms).

PGD is already general enough to cover widely used algorithms:

- (i) Proximal Point Algorithms (PPA) when $f(x) = 0$. Generally speaking, we focus on a pure nonsmooth convex optimization problem.
- (ii) Gradient Descent (GD) when $g(x) = 0$.
- (iii) Projected Gradient Descent (PGD) when $g(x) = \mathbb{I}_{\mathcal{X}}(x)$ where X is a convex and closed set.

2 Convergence Analysis

When the function is convex or strongly convex, the convergence analysis of Proximal Gradient Descent (PGD) relies on the following crucial lemma:

Lemma 1. Suppose f is L-smooth, μ -strongly convex, and $\mathbf{x}^+ = \text{prox}_{tg}(\mathbf{x} - \frac{1}{L} \nabla f(\mathbf{x}))$. Then we have

$$
F(x^{+}) \leq F(z) + L\langle x^{+} - z, x - x^{+}\rangle + \frac{L}{2}||x - x^{+}||^{2} - \frac{\mu}{2}||x - z||^{2}
$$

for any $x, z \in \mathbb{R}^d$.

Theorem 2. Suppose that $t_k = \frac{1}{L}$ for any $k \geq 0$. Then, we have

(i) (Convexity):

$$
F(\mathbf{x}^{K}) - F^{\star} \le \frac{L||x^{0} - \mathbf{x}^{\star}||^{2}}{2K}.
$$

(*ii*) $(\mu$ -Strongly Convexity):

$$
\|\boldsymbol{x}^K - \boldsymbol{x}^\star\|^2 \le \exp\left(-\frac{K}{\kappa}\right) \|\boldsymbol{x}^0 - \boldsymbol{x}^\star\|^2.
$$

Remark 3. Let κ be a constant number defined as L/μ .

Proof. (i): Picking $z = x^k$ in Lemma [1](#page-0-0) yields

$$
F(\mathbf{x}^{k+1}) - F(\mathbf{x}^k) \leq -\frac{L}{2} \|\mathbf{x}^{k+1} - \mathbf{x}^k\|^2.
$$

Next, we pick $z = x^*$ in Lemma [1](#page-0-0) and get

$$
F(\mathbf{x}^{k+1}) - F(\mathbf{x}^*) \le -L(\mathbf{x}^k - \mathbf{x}^{k+1})^T(\mathbf{x}^* - \mathbf{x}^{k+1}) + \frac{L}{2} \|\mathbf{x}^{k+1} - \mathbf{x}^k\|^2
$$

= $\frac{L}{2} (\mathbf{x}^k - \mathbf{x}^{k+1})^T(\mathbf{x}^k + \mathbf{x}^{k+1} - 2\mathbf{x}^*)$
= $\frac{L}{2} (\|\mathbf{x}^k - \mathbf{x}^*\|^2 - \|\mathbf{x}^{k+1} - \mathbf{x}^*\|^2).$

Telescoping it from $k = 0$ to $k = K$, we have

$$
\sum_{k=0}^K F(\mathbf{x}^{k+1}) - F(\mathbf{x}^*) \leq \frac{L}{2} ||\mathbf{x}^0 - \mathbf{x}^*||^2.
$$

Moreover, as the sequence $\{F(\boldsymbol{x}^k)\}_{k\geq 0}$ is monotonically decreasing, we conclude our proof.

(ii): Similar with the proof in case (i). We have

$$
F(\mathbf{x}^{k+1}) - F(\mathbf{x}^*) \leq \frac{L}{2} \left((1 - \frac{\mu}{L}) ||\mathbf{x}^k - \mathbf{x}^*||^2 - ||\mathbf{x}^{k+1} - \mathbf{x}^*||^2 \right).
$$

Then, we have

$$
\|x^{k+1} - x^{\star}\|^2 \le \left(1 - \frac{\mu}{L}\right) \|x^k - x^{\star}\|^2
$$

Without the convexity of f , the convergence analysis of PGD under the nonconvex setting differs from the case in Lemma [1.](#page-0-0) Instead, we rely on the following sufficient decrease property:

Proposition 4 (Sufficient Decrease Property). Suppose that f is L-smooth and g is convex. Let x^+ = prox_{tq}($\boldsymbol{x} - t \nabla f(\boldsymbol{x})$). Then, we have

$$
F(\boldsymbol{x}^+) \leq F(\boldsymbol{x}) - \left(\frac{1}{2t} - \frac{L}{2}\right) \|\boldsymbol{x}^+ - \boldsymbol{x}\|^2.
$$

Proof. By definition of the proximal operator, we have

$$
\boldsymbol{x}^+ = \argmin_{\boldsymbol{y}} \left\{ \frac{1}{2t} ||\boldsymbol{y} - (\boldsymbol{x} - t\nabla f(\boldsymbol{x}))||^2 + g(\boldsymbol{y}) \right\}.
$$

Since x^{+} is the optimal solution of the above optimization problem, we have

$$
\frac{1}{2t}||x^{+} - (x - t\nabla f(x))||^{2} + g(x^{+}) \leq \frac{t}{2}||\nabla f(x)||^{2} + g(x),
$$

which implies

$$
\frac{1}{2t}||x^+-x||^2+\langle x^+-x,\nabla f(x)\rangle+g(x^+)\leq g(x). \hspace{1cm} (1)
$$

.

■

Moreover, since f is L -smooth, we have

$$
f(\boldsymbol{x}^+) \le f(\boldsymbol{x}) + \langle \nabla f(\boldsymbol{x}), \boldsymbol{x}^+ - \boldsymbol{x} \rangle + \frac{L}{2} ||\boldsymbol{x}^+ - \boldsymbol{x}||^2. \tag{2}
$$

Combining [\(1\)](#page-1-0) and [\(2\)](#page-1-1) yields

$$
f(\mathbf{x}^+) + g(\mathbf{x}^+) \le f(\mathbf{x}) + g(\mathbf{x}) + \left(\frac{L}{2} - \frac{1}{2t}\right) \|\mathbf{x}^+ - \mathbf{x}\|^2.
$$

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Now, we are ready to conduct the convergence analysis of PGD under the nonconvex setting. A natural task is to connect the relative change $||x^+ - x||$ with a certain optimality residual. Thus, we are able to do the average error type analysis.

Proposition 5 (Safeguard Condition). Suppose that f is L-smooth and g is convex. Let $x^+ = \text{prox}_{tg}(x$ $t\nabla f(\boldsymbol{x})$. Then, we have

$$
dist(0, \partial F(\boldsymbol{x}^+)) \leq \left(\frac{1}{t} + L\right) \|\boldsymbol{x}^+ - \boldsymbol{x}\|.
$$

Proof. Recall that

$$
\boldsymbol{x}^+ = \argmin_{\boldsymbol{y}} \left\{ \frac{1}{2t} ||\boldsymbol{y} - (\boldsymbol{x} - t\nabla f(\boldsymbol{x}))||^2 + g(\boldsymbol{y}) \right\}.
$$

We drive its optimality condition as

$$
0 \in \frac{1}{t}(\boldsymbol{x}^+ - \boldsymbol{x} + t\nabla f(\boldsymbol{x})) + \partial g(\boldsymbol{x}^+) \in \frac{1}{t}(\boldsymbol{x}^+ - \boldsymbol{x}) + (\nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{x}^+)) + \nabla f(\boldsymbol{x}^+) + \partial g(\boldsymbol{x}^+).
$$

Then we have,

dist
$$
(0, \partial F(\mathbf{x}^+)) \leq \frac{1}{t} ||\mathbf{x}^+ - \mathbf{x}|| + L||\mathbf{x}^+ - \mathbf{x}||,
$$

where the inequality follows from the L-Lipschitz of the gradient operator $\nabla f(\cdot)$.

From the sufficient decrease property, it is easy to get the final convergence result under the nonconvex setting.

Theorem 6 (Nonconvex). Suppose that f is L-smooth and g is convex and closed. Let $t = \frac{1}{2L}$. Then, we have

$$
\min_{k \in [K]} \text{dist}(0, \partial F(\mathbf{x}^{k+1}) \le O\left(\frac{1}{\sqrt{K}}\right).
$$

Proof. From Proposition [11,](#page-5-0) we have

$$
F(\mathbf{x}^{k+1}) - F(\mathbf{x}^k) \le -\frac{L}{2} \|\mathbf{x}^+ - \mathbf{x}\|^2 \le -\frac{1}{18L} \text{dist}^2(0, \partial F(\mathbf{x}^{k+1})),
$$

where the last inequality follows from Proposition [12.](#page-5-1) Then, we do the telescoping from $k = 0$ to $k = K$ and get

$$
\min_{k \in [K]} \text{dist}^2(0, \partial F(\boldsymbol{x}^{k+1}) \le \frac{F(\boldsymbol{x}^0) - F^\star}{18LK}
$$

.

So far, you can see a significant distinction between the convex and nonconvex settings. A natural question raises:

Can we provide a unified convergence analysis framework for PGD at least?

3 Unification under KL Framework

Definition 7 (KL Exponent). Suppose that the problem (P) has a nonempty solution set and a finite optimal value. We say $F(x)$ is a KL function with the exponent $\theta \in (0,1]$ at the point x if we have

$$
dist(0, \partial F(\boldsymbol{x})) \ge \sqrt{2\mu} \left(F(\boldsymbol{x}) - \max_{x \in \mathbb{R}^d} F(\boldsymbol{x}) \right)^{\theta}.
$$

Remark 8. As we discussed in the previous lectures, if $F(x)$ is μ -strongly convex, then we know $F(x)$ is a KL function with the exponent $\theta = \frac{1}{2}$. When the function $F(x)$ is just convex, we know that the function $F(x)$ is a KL function with the exponent $\theta = 1$ at all points within a bounded distance from the optimal set, i.e.,

$$
F(\boldsymbol{x}) - F(\boldsymbol{x}^{\star}) \leq \boldsymbol{g}^{T}(\boldsymbol{x} - \boldsymbol{x}^{\star}).
$$

for all $g \in \partial F(x)$. Then, we have

$$
\frac{1}{\|\boldsymbol{x} - \boldsymbol{x}^{\star}\|}(F(\boldsymbol{x}) - F(\boldsymbol{x}^{\star})) \leq \text{dist}(0, \partial F(\boldsymbol{x})).
$$
\n(3)

3.1 Recover the Convergence Result (Convex)

Assumption 9. The function $F : \mathbb{R}^d \to \mathbb{R}$ is level bounded (Coerciveness).

Proof. From Proposition [11](#page-5-0) and Proposition [12,](#page-5-1) we have

$$
F(\boldsymbol{x}^{k+1}) - F(\boldsymbol{x}^k) \leq -\frac{1}{18L} \text{dist}^2(0, \partial F(\boldsymbol{x}^{k+1})).
$$

Then, we know the sequence ${F(\mathbf{x}^k)}_{k\leq 0}$ is monotonically decreasing and $F(\mathbf{x}^k) \leq F(\mathbf{x}^0)$ holds for any $k \geq 0$ from Assumption [9.](#page-3-0) WLOG, we can assume that

$$
dist(\mathbf{x}^k, \mathcal{X}^{\star}) \le D, \forall k \ge 0.
$$

Armed with (3) , we have

$$
F(\mathbf{x}^{k+1}) - F(\mathbf{x}^k) \le -\frac{1}{18LD^2}(F(\mathbf{x}^{k+1}) - F(\mathbf{x}^*))^2,
$$

which implies

$$
\frac{1}{F(\mathbf{x}^{k+1})-F^\star} \ge \frac{k+1}{36LD^2}.
$$

 $(Deriving by the mathematical induction).$ We finished the proof.

4 Recover the Convergence Result (Strongly Convex)

Proof. From Proposition [11](#page-5-0) and Proposition [12,](#page-5-1) we have

$$
F(\boldsymbol{x}^{k+1}) - F(\boldsymbol{x}^k) \le -\frac{1}{18L} \text{dist}^2(0, \partial F(\boldsymbol{x}^{k+1})).
$$

As F is μ -strongly convex, we have

$$
F(\mathbf{x}^{k+1}) - F(\mathbf{x}^k) \le -\frac{\mu}{9L}(F(\mathbf{x}^{k+1}) - F(\mathbf{x}^*)).
$$

Finally, we get

$$
F(\boldsymbol{x}^{k+1}) - F^{\star} \leq \left(1/(1+\frac{\mu}{9L})\right)F(\boldsymbol{x}^{k}) - F^{\star}.
$$

■

A general convergence analysis template:

Theorem 10. Suppose that the following conditions hold.

(i) (Sufficient Decrease Property): For any $k \geq 0$, we have

$$
F(\mathbf{x}^{k+1}) - F(\mathbf{x}^k) \le -\kappa_1 \|\mathbf{x}^{k+1} - \mathbf{x}^k\|^2,
$$

for some constant $\kappa_1 > 0$. It aims to quantify the algorithmic progress at each step.

(ii) (Safeguard Condition): For any $k \geq 0$, we have

$$
dist(0, \partial F(\boldsymbol{x}^{k+1})) \le \kappa_2 ||\boldsymbol{x}^{k+1} - \boldsymbol{x}^k||,
$$

for some constant $\kappa_2 > 0$. It links the relative change produced by the algorithm to the optimality residual.

(iii) (Growth Condition):

$$
dist(0, \partial F(\boldsymbol{x})) \ge \sqrt{2\mu} \left(F(\boldsymbol{x}) - \max_{x \in \mathbb{R}^d} F(\boldsymbol{x}) \right)^{\theta},
$$

which depends solely on the problem and is independent of the algorithm.

Then, we have

$$
F(x^K) - F^* \le \mathcal{O}(K^{-\frac{1}{(2\theta - 1)}+}).
$$

Proof.

$$
F(\boldsymbol{x}^{k+1}) - F(\boldsymbol{x}^k) \le -\kappa_1 \|\boldsymbol{x}^{k+1} - \boldsymbol{x}^k\|^2
$$

\n
$$
\le -\frac{\kappa_1}{\kappa_2^2} \text{dist}^2(0, \partial F(\boldsymbol{x}^{k+1}))
$$

\n
$$
\le -\frac{2\kappa_1 \mu}{\kappa_2^2} (F(\boldsymbol{x}^{k+1}) - F^*)^{2\theta}.
$$

Define $R(\boldsymbol{x}^k) := F(\boldsymbol{x}^k) - F^*$. Then, we have

$$
R(\boldsymbol{x}^{k+1}) - R(\boldsymbol{x}^k) \le -\alpha R(\boldsymbol{x}^{k+1})^{2\theta},
$$

where $\alpha := \frac{2\kappa_1\mu}{\kappa_2^2}$.

Case 1: When $\theta \in (0, 1/2)$, we have

$$
R(\mathbf{x}^{k+1}) - R(\mathbf{x}^k) \le -\alpha R(\mathbf{x}^{k+1})R(\mathbf{x}^{k+1})^{2\theta - 1}.
$$

As $2\theta - 1 < 0$, we have $R(\mathbf{x}^{k+1})^{2\theta - 1} \geq R(\mathbf{x}^0)^{2\theta - 1}$. We can get the linear convergence rate.

Case 2: When $\theta = 1/2$, we trivially get the result.

Case 3: When $\theta \in (1/2, 1]$, we have:

$$
R(\boldsymbol{x}^k) - R(\boldsymbol{x}^{k+1}) \ge \alpha R(\boldsymbol{x}^{k+1})^{2\theta}.
$$

Consider the following two cases:

1. If $R(\mathbf{x}^k) \le 2R(\mathbf{x}^{k+1})$, we denote $\psi(s) = \frac{1}{2\theta - 1} s^{-(2\theta - 1)}$ and then

$$
\psi(R(\boldsymbol{x}^{k+1})) - \psi(R(\boldsymbol{x}^k)) = \int_{R(\boldsymbol{x}^{k+1})}^{R(\boldsymbol{x}^k)} -\psi'(s)ds = \int_{R(\boldsymbol{x}^{k+1})}^{R(\boldsymbol{x}^k)} s^{-2\theta}ds
$$

$$
\geq R(\boldsymbol{x}^k)^{-2\theta}(R(\boldsymbol{x}^k) - R(\boldsymbol{x}^{k+1})) \geq \alpha \left(\frac{R(\boldsymbol{x}^{k+1})}{R(\boldsymbol{x}^k)}\right)^{2\theta} \geq \frac{\alpha}{2^{2\theta}} \geq \frac{\alpha}{4}.
$$

2. If $R(\mathbf{x}^k) > 2R(\mathbf{x}^{k+1})$, we have

$$
\psi(R(\boldsymbol{x}^{k+1})) - \psi(R(\boldsymbol{x}^k)) = \frac{1}{2\theta - 1} \left(R(\boldsymbol{x}^{k+1})^{-(2\theta - 1)} - R(\boldsymbol{x}^k)^{-(2\theta - 1)} \right)
$$

\n
$$
\geq \frac{1}{2\theta - 1} \left(R(\boldsymbol{x}^{k+1})^{-(2\theta - 1)} - (2R(\boldsymbol{x}^{k+1}))^{-(2\theta - 1)} \right)
$$

\n
$$
\geq \frac{1 - 2^{-(2\theta - 1)}}{2\theta - 1} R(\boldsymbol{x}^{k+1})^{-(2\theta - 1)} \geq \frac{1 - 2^{-(2\theta - 1)}}{2\theta - 1} R(\boldsymbol{x}^0)^{-(2\theta - 1)}.
$$

Combing these two cases, we have

$$
\psi(R(\boldsymbol{x}^{k+1})) - \psi(R(\boldsymbol{x}^k)) \ge \min\left\{\frac{\alpha}{4}, \frac{1 - 2^{-(2\theta - 1)}}{2\theta - 1} R(\boldsymbol{x}^0)^{-(2\theta - 1)}\right\} = \frac{C}{2\theta - 1} > 0.
$$

Hence, we have

$$
\psi(R(\boldsymbol{x}^k)) \ge \psi(R(\boldsymbol{x}^0)) + \frac{C}{2\theta - 1}k \ge \frac{C}{2\theta - 1}k
$$

and

$$
\frac{1}{2\theta-1}R(\boldsymbol{x}^k)^{-(2\theta-1)} \ge \frac{C}{2\theta-1}k \to R(\boldsymbol{x}^k)^{-(2\theta-1)} \ge Ck.
$$

Finally, we have

$$
R(\boldsymbol{x}^k) \leq (ck)^{-\frac{1}{2\theta-1}}.
$$

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5 Convergence Analysis of PPA (Nonconvex)

Similar with the analysis of PGD, we only have to check sufficient decrease and safeguard properties.

Proposition 11 (Sufficient Decrease Property). Suppose that F is ρ -weakly convex. Let $x^+ = \text{prox}_{tF}(x)$ where $t^{-1} > \rho$. Then, we have

$$
F(\boldsymbol{x}^+) \leq F(\boldsymbol{x}) - \frac{1}{2} \left(\frac{1}{t} - \rho \right) \|\boldsymbol{x}^+ - \boldsymbol{x}\|^2.
$$

Proof. By definition of the proximal operator, we have

$$
\boldsymbol{x}^+ = \argmin_{\boldsymbol{y}} \left\{ \frac{1}{2t} ||\boldsymbol{y} - \boldsymbol{x}||^2 + F(\boldsymbol{y}) \right\}.
$$

Since x^+ is the optimal solution of the $(\frac{1}{t} - \rho)$ -strongly convex optimization problem, we have

$$
\frac{1}{2}\left(\frac{1}{t}-\rho\right)\|\bm{x}^+-\bm{x}\|^2 \leq F(\bm{x}^+) - F(\bm{x}).
$$

Proposition 12 (Safeguard Condition). Suppose that F is ρ -weakly convex. Let $x^+ = \text{prox}_{t}F(x)$ where $t^{-1} > \rho$. Then, we have

$$
dist(0, \partial F(\boldsymbol{x}^+)) \leq \frac{1}{t} ||\boldsymbol{x}^+ - \boldsymbol{x}||.
$$

Proof. Recall that

$$
\boldsymbol{x}^+ = \argmin_{\boldsymbol{y}} \left\{ \frac{1}{2t} ||\boldsymbol{y} - \boldsymbol{x}||^2 + F(\boldsymbol{y}) \right\}.
$$

We drive its optimality condition as

$$
0\in \frac{1}{t}(\boldsymbol{x}^+-\boldsymbol{x})+\partial F(\boldsymbol{x}^+),
$$

which implies

$$
dist(0, \partial F(\boldsymbol{x}^+)) \leq \frac{1}{t} ||\boldsymbol{x}^+ - \boldsymbol{x}||.
$$

■

Theorem 13 (Nonconvex). Suppose that F is ρ -weakly convex and $t^{-1} > \rho$. Then, we have

$$
\min_{k \in [K]} \text{dist}(0, \partial F(\mathbf{x}^{k+1}) \le O\left(\frac{1}{\sqrt{K}}\right).
$$