COMM 616: Modern Optimization with Applications in ML and OR 2024-25 Fall Lecture 9: Unified Convergence Analysis Framework for PGD Instructor: Jiajin Li

1 Optimization Problem

In this class, we focus on

$$\min_{\boldsymbol{x} \in \mathbb{R}^d} F(\boldsymbol{x}) := f(\boldsymbol{x}) + g(\boldsymbol{x}).$$
(P)

Here, we have

- (i) The function $f : \mathbb{R}^d \to \mathbb{R}$ is L-smooth.
- (ii) The function $g: \mathbb{R}^d \to \overline{\mathbb{R}}$ is convex, closed, and (possibly) non-smooth.
- (iii) The proximal operator $\operatorname{prox}_{tq}(\cdot)$ is easily computed. (e.g., ℓ_1 , ℓ_{∞} norms).

PGD is already general enough to cover widely used algorithms:

- (i) Proximal Point Algorithms (PPA) when $f(\mathbf{x}) = 0$. Generally speaking, we focus on a pure nonsmooth convex optimization problem.
- (ii) Gradient Descent (GD) when $g(\boldsymbol{x}) = 0$.
- (iii) Projected Gradient Descent (PGD) when $g(\boldsymbol{x}) = \mathbb{I}_{\mathcal{X}}(\boldsymbol{x})$ where \mathcal{X} is a convex and closed set.

2 Convergence Analysis

When the function is convex or strongly convex, the convergence analysis of Proximal Gradient Descent (PGD) relies on the following crucial lemma:

Lemma 1. Suppose f is L-smooth, μ -strongly convex, and $\mathbf{x}^+ = \operatorname{prox}_{tg}(\mathbf{x} - \frac{1}{L}\nabla f(\mathbf{x}))$. Then we have

$$F(x^+) \le F(z) + L\langle x^+ - z, x - x^+ \rangle + \frac{L}{2} ||x - x^+||^2 - \frac{\mu}{2} ||x - z||^2$$

for any $\boldsymbol{x}, \boldsymbol{z} \in \mathbb{R}^d$.

Theorem 2. Suppose that $t_k = \frac{1}{L}$ for any $k \ge 0$. Then, we have

(i) (Convexity):

$$F(\boldsymbol{x}^{K}) - F^{\star} \leq \frac{L \|\boldsymbol{x}^{0} - \boldsymbol{x}^{\star}\|^{2}}{2K}.$$

(ii) $(\mu$ -Strongly Convexity):

$$\|\boldsymbol{x}^{K}-\boldsymbol{x}^{\star}\|^{2}\leq\exp\left(-rac{K}{\kappa}
ight)\|\boldsymbol{x}^{0}-\boldsymbol{x}^{\star}\|^{2}.$$

Remark 3. Let κ be a constant number defined as L/μ .

Proof. (i): Picking $\boldsymbol{z} = \boldsymbol{x}^k$ in Lemma 1 yields

$$F(\boldsymbol{x}^{k+1}) - F(\boldsymbol{x}^{k}) \leq -\frac{L}{2} \| \boldsymbol{x}^{k+1} - \boldsymbol{x}^{k} \|^{2}.$$

Next, we pick $\boldsymbol{z} = \boldsymbol{x}^{\star}$ in Lemma 1 and get

$$\begin{split} F(\boldsymbol{x}^{k+1}) - F(\boldsymbol{x}^{\star}) &\leq -L(\boldsymbol{x}^{k} - \boldsymbol{x}^{k+1})^{T}(\boldsymbol{x}^{\star} - \boldsymbol{x}^{k+1}) + \frac{L}{2} \|\boldsymbol{x}^{k+1} - \boldsymbol{x}^{k}\|^{2} \\ &= \frac{L}{2} (\boldsymbol{x}^{k} - \boldsymbol{x}^{k+1})^{T} (\boldsymbol{x}^{k} + \boldsymbol{x}^{k+1} - 2\boldsymbol{x}^{\star}) \\ &= \frac{L}{2} \left(\|\boldsymbol{x}^{k} - \boldsymbol{x}^{\star}\|^{2} - \|\boldsymbol{x}^{k+1} - \boldsymbol{x}^{\star}\|^{2} \right). \end{split}$$

Telescoping it from k = 0 to k = K, we have

$$\sum_{k=0}^{K} F(\boldsymbol{x}^{k+1}) - F(\boldsymbol{x}^{\star}) \leq \frac{L}{2} \| \boldsymbol{x}^{0} - \boldsymbol{x}^{\star} \|^{2}.$$

Moreover, as the sequence $\{F(\boldsymbol{x}^k)\}_{k\geq 0}$ is monotonically decreasing, we conclude our proof.

(ii): Similar with the proof in case (i). We have

$$F(\boldsymbol{x}^{k+1}) - F(\boldsymbol{x}^{\star}) \leq \frac{L}{2} \left((1 - \frac{\mu}{L}) \| \boldsymbol{x}^{k} - \boldsymbol{x}^{\star} \|^{2} - \| \boldsymbol{x}^{k+1} - \boldsymbol{x}^{\star} \|^{2} \right).$$

Then, we have

$$\|\boldsymbol{x}^{k+1} - \boldsymbol{x}^{\star}\|^2 \leq \left(1 - \frac{\mu}{L}\right) \|\boldsymbol{x}^k - \boldsymbol{x}^{\star}\|^2.$$

Without the convexity of f, the convergence analysis of PGD under the nonconvex setting differs from the case in Lemma 1. Instead, we rely on the following sufficient decrease property:

Proposition 4 (Sufficient Decrease Property). Suppose that f is L-smooth and g is convex. Let $\mathbf{x}^+ = \operatorname{prox}_{tq}(\mathbf{x} - t\nabla f(\mathbf{x}))$. Then, we have

$$F(\boldsymbol{x}^+) \leq F(\boldsymbol{x}) - \left(\frac{1}{2t} - \frac{L}{2}\right) \|\boldsymbol{x}^+ - \boldsymbol{x}\|^2.$$

Proof. By definition of the proximal operator, we have

$$\boldsymbol{x}^+ = \operatorname*{arg\,min}_{\boldsymbol{y}} \left\{ \frac{1}{2t} \| \boldsymbol{y} - (\boldsymbol{x} - t \nabla f(\boldsymbol{x})) \|^2 + g(\boldsymbol{y}) \right\}.$$

Since x^+ is the optimal solution of the above optimization problem, we have

$$\frac{1}{2t} \|\boldsymbol{x}^{+} - (\boldsymbol{x} - t\nabla f(\boldsymbol{x}))\|^{2} + g(\boldsymbol{x}^{+}) \leq \frac{t}{2} \|\nabla f(\boldsymbol{x})\|^{2} + g(\boldsymbol{x}),$$

which implies

$$\frac{1}{2t} \|\boldsymbol{x}^{+} - \boldsymbol{x}\|^{2} + \langle \boldsymbol{x}^{+} - \boldsymbol{x}, \nabla f(\boldsymbol{x}) \rangle + g(\boldsymbol{x}^{+}) \leq g(\boldsymbol{x}).$$
(1)

Moreover, since f is L-smooth, we have

$$f(\boldsymbol{x}^{+}) \leq f(\boldsymbol{x}) + \langle \nabla f(\boldsymbol{x}), \boldsymbol{x}^{+} - \boldsymbol{x} \rangle + \frac{L}{2} \| \boldsymbol{x}^{+} - \boldsymbol{x} \|^{2}.$$
(2)

Combining (1) and (2) yields

$$f(x^+) + g(x^+) \le f(x) + g(x) + \left(\frac{L}{2} - \frac{1}{2t}\right) ||x^+ - x||^2.$$

Now, we are ready to conduct the convergence analysis of PGD under the nonconvex setting. A natural task is to connect the relative change $||x^+ - x||$ with a certain optimality residual. Thus, we are able to do the average error type analysis.

Proposition 5 (Safeguard Condition). Suppose that f is L-smooth and g is convex. Let $\mathbf{x}^+ = \operatorname{prox}_{tg}(\mathbf{x} - t\nabla f(\mathbf{x}))$. Then, we have

dist
$$(0, \partial F(\boldsymbol{x}^+)) \le \left(\frac{1}{t} + L\right) \|\boldsymbol{x}^+ - \boldsymbol{x}\|$$

Proof. Recall that

$$oldsymbol{x}^+ = rgmin_{oldsymbol{y}} \left\{ rac{1}{2t} \|oldsymbol{y} - (oldsymbol{x} - t
abla f(oldsymbol{x}))\|^2 + g(oldsymbol{y})
ight\}.$$

We drive its optimality condition as

$$0 \in \frac{1}{t}(\boldsymbol{x}^{+} - \boldsymbol{x} + t\nabla f(\boldsymbol{x})) + \partial g(\boldsymbol{x}^{+})$$

$$\in \frac{1}{t}(\boldsymbol{x}^{+} - \boldsymbol{x}) + (\nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{x}^{+})) + \nabla f(\boldsymbol{x}^{+}) + \partial g(\boldsymbol{x}^{+}).$$

Then we have,

dist
$$(0, \partial F(\boldsymbol{x}^+)) \leq \frac{1}{t} \|\boldsymbol{x}^+ - \boldsymbol{x}\| + L \|\boldsymbol{x}^+ - \boldsymbol{x}\|,$$

where the inequality follows from the *L*-Lipschitz of the gradient operator $\nabla f(\cdot)$.

From the sufficient decrease property, it is easy to get the final convergence result under the nonconvex setting.

Theorem 6 (Nonconvex). Suppose that f is L-smooth and g is convex and closed. Let $t = \frac{1}{2L}$. Then, we have

$$\min_{k \in [K]} \operatorname{dist}(0, \partial F(\boldsymbol{x}^{k+1}) \le O\left(\frac{1}{\sqrt{K}}\right).$$

Proof. From Proposition 11, we have

$$F(\boldsymbol{x}^{k+1}) - F(\boldsymbol{x}^k) \le -\frac{L}{2} \| \boldsymbol{x}^+ - \boldsymbol{x} \|^2 \le -\frac{1}{18L} \text{dist}^2(0, \partial F(\boldsymbol{x}^{k+1})),$$

where the last inequality follows from Proposition 12. Then, we do the telescoping from k = 0 to k = K and get

$$\min_{k \in [K]} \operatorname{dist}^2(0, \partial F(\boldsymbol{x}^{k+1}) \le \frac{F(\boldsymbol{x}^0) - F^{\star}}{18LK}$$

So far, you can see a significant distinction between the convex and nonconvex settings. A natural question raises:

Can we provide a unified convergence analysis framework for PGD at least?

3 Unification under KŁ Framework

Definition 7 (KL Exponent). Suppose that the problem (P) has a nonempty solution set and a finite optimal value. We say $F(\mathbf{x})$ is a KL function with the exponent $\theta \in (0, 1]$ at the point \mathbf{x} if we have

dist
$$(0, \partial F(\boldsymbol{x})) \ge \sqrt{2\mu} \left(F(\boldsymbol{x}) - \max_{\boldsymbol{x} \in \mathbb{R}^d} F(\boldsymbol{x}) \right)^{\theta}$$

Remark 8. As we discussed in the previous lectures, if $F(\mathbf{x})$ is μ -strongly convex, then we know $F(\mathbf{x})$ is a KL function with the exponent $\theta = \frac{1}{2}$. When the function $F(\mathbf{x})$ is just convex, we know that the function $F(\mathbf{x})$ is a KL function with the exponent $\theta = 1$ at all points within a bounded distance from the optimal set, *i.e.*,

$$F(\boldsymbol{x}) - F(\boldsymbol{x}^{\star}) \leq \boldsymbol{g}^{T}(\boldsymbol{x} - \boldsymbol{x}^{\star})$$

for all $g \in \partial F(\mathbf{x})$. Then, we have

$$\frac{1}{\|\boldsymbol{x} - \boldsymbol{x}^{\star}\|} (F(\boldsymbol{x}) - F(\boldsymbol{x}^{\star})) \le \operatorname{dist}(0, \partial F(\boldsymbol{x})).$$
(3)

3.1 Recover the Convergence Result (Convex)

Assumption 9. The function $F : \mathbb{R}^d \to \mathbb{R}$ is level bounded (Coerciveness).

Proof. From Proposition 11 and Proposition 12, we have

$$F(\boldsymbol{x}^{k+1}) - F(\boldsymbol{x}^k) \le -\frac{1}{18L} \text{dist}^2(0, \partial F(\boldsymbol{x}^{k+1})).$$

Then, we know the sequence $\{F(\boldsymbol{x}^k)\}_{\boldsymbol{k}\leq 0}$ is monotonically decreasing and $F(\boldsymbol{x}^k) \leq F(\boldsymbol{x}^0)$ holds for any $k \geq 0$ from Assumption 9. WLOG, we can assume that

$$\operatorname{dist}(\boldsymbol{x}^k, \mathcal{X}^\star) \le D, \forall k \ge 0.$$

Armed with (3), we have

$$F(\boldsymbol{x}^{k+1}) - F(\boldsymbol{x}^k) \leq -\frac{1}{18LD^2} (F(\boldsymbol{x}^{k+1}) - F(\boldsymbol{x}^{\star}))^2,$$

which implies

$$\frac{1}{F(\boldsymbol{x}^{k+1}) - F^{\star}} \ge \frac{k+1}{36LD^2}.$$

(Deriving by the mathematical induction). We finished the proof.

4 Recover the Convergence Result (Strongly Convex)

Proof. From Proposition 11 and Proposition 12, we have

$$F(\boldsymbol{x}^{k+1}) - F(\boldsymbol{x}^k) \le -\frac{1}{18L} \operatorname{dist}^2(0, \partial F(\boldsymbol{x}^{k+1})).$$

As F is μ -strongly convex, we have

$$F(x^{k+1}) - F(x^k) \le -\frac{\mu}{9L}(F(x^{k+1}) - F(x^{\star})).$$

Finally, we get

$$F(\boldsymbol{x}^{k+1}) - F^{\star} \le \left(1/(1 + \frac{\mu}{9L})\right)F(\boldsymbol{x}^k) - F^{\star}$$

A general convergence analysis template:

Theorem 10. Suppose that the following conditions hold.

(i) (Sufficient Decrease Property): For any $k \ge 0$, we have

$$F(x^{k+1}) - F(x^k) \le -\kappa_1 ||x^{k+1} - x^k||^2,$$

for some constant $\kappa_1 > 0$. It aims to quantify the algorithmic progress at each step.

(ii) (Safeguard Condition): For any $k \ge 0$, we have

$$\operatorname{dist}(0, \partial F(\boldsymbol{x}^{k+1})) \leq \kappa_2 \|\boldsymbol{x}^{k+1} - \boldsymbol{x}^k\|,$$

for some constant $\kappa_2 > 0$. It links the relative change produced by the algorithm to the optimality residual.

(iii) (Growth Condition):

$$\operatorname{dist}(0,\partial F(\boldsymbol{x})) \geq \sqrt{2\mu} \left(F(\boldsymbol{x}) - \max_{\boldsymbol{x} \in \mathbb{R}^d} F(\boldsymbol{x})\right)^{ heta}$$

which depends solely on the problem and is independent of the algorithm.

Then, we have

$$F(x^K) - F^* \le \mathcal{O}(K^{-\frac{1}{(2\theta-1)+}}).$$

Proof.

$$\begin{aligned} F(\boldsymbol{x}^{k+1}) - F(\boldsymbol{x}^{k}) &\leq -\kappa_1 \| \boldsymbol{x}^{k+1} - \boldsymbol{x}^{k} \|^2 \\ &\leq -\frac{\kappa_1}{\kappa_2^2} \text{dist}^2(0, \partial F(\boldsymbol{x}^{k+1})) \\ &\leq -\frac{2\kappa_1 \mu}{\kappa_2^2} (F(\boldsymbol{x}^{k+1}) - F^{\star})^{2\theta}. \end{aligned}$$

Define $R(\boldsymbol{x}^k) := F(\boldsymbol{x}^k) - F^{\star}$. Then, we have

$$R(\boldsymbol{x}^{k+1}) - R(\boldsymbol{x}^k) \le -\alpha R(\boldsymbol{x}^{k+1})^{2\theta},$$

where $\alpha := \frac{2\kappa_1\mu}{\kappa_2^2}$. Case 1: When $\theta \in (0, 1/2)$, we have

$$R(\boldsymbol{x}^{k+1}) - R(\boldsymbol{x}^k) \le -\alpha R(\boldsymbol{x}^{k+1}) R(\boldsymbol{x}^{k+1})^{2\theta-1}.$$

As $2\theta - 1 < 0$, we have $R(\boldsymbol{x}^{k+1})^{2\theta - 1} \ge R(\boldsymbol{x}^0)^{2\theta - 1}$. We can get the linear convergence rate.

Case 2: When $\theta = 1/2$, we trivially get the result.

Case 3: When $\theta \in (1/2, 1]$, we have:

$$R(\boldsymbol{x}^k) - R(\boldsymbol{x}^{k+1}) \ge \alpha R(\boldsymbol{x}^{k+1})^{2\theta}.$$

Consider the following two cases: 1. If $R(\mathbf{x}^k) \leq 2R(\mathbf{x}^{k+1})$, we denote $\psi(s) = \frac{1}{2\theta - 1}s^{-(2\theta - 1)}$ and then

$$\psi(R(\boldsymbol{x}^{k+1})) - \psi(R(\boldsymbol{x}^{k})) = \int_{R(\boldsymbol{x}^{k+1})}^{R(\boldsymbol{x}^{k})} - \psi'(s) \mathrm{d}s = \int_{R(\boldsymbol{x}^{k+1})}^{R(\boldsymbol{x}^{k})} s^{-2\theta} \mathrm{d}s$$
$$\geq R(\boldsymbol{x}^{k})^{-2\theta} (R(\boldsymbol{x}^{k}) - R(\boldsymbol{x}^{k+1})) \geq \alpha \left(\frac{R(\boldsymbol{x}^{k+1})}{R(\boldsymbol{x}^{k})}\right)^{2\theta} \geq \frac{\alpha}{2^{2\theta}} \geq \frac{\alpha}{4}$$

2. If $R(x^k) > 2R(x^{k+1})$, we have

$$\begin{split} \psi(R(\boldsymbol{x}^{k+1})) - \psi(R(\boldsymbol{x}^{k})) &= \frac{1}{2\theta - 1} \left(R(\boldsymbol{x}^{k+1})^{-(2\theta - 1)} - R(\boldsymbol{x}^{k})^{-(2\theta - 1)} \right) \\ &\geq \frac{1}{2\theta - 1} \left(R(\boldsymbol{x}^{k+1})^{-(2\theta - 1)} - (2R(\boldsymbol{x}^{k+1}))^{-(2\theta - 1)} \right) \\ &\geq \frac{1 - 2^{-(2\theta - 1)}}{2\theta - 1} R(\boldsymbol{x}^{k+1})^{-(2\theta - 1)} \geq \frac{1 - 2^{-(2\theta - 1)}}{2\theta - 1} R(\boldsymbol{x}^{0})^{-(2\theta - 1)}. \end{split}$$

Combing these two cases, we have

$$\psi(R(\boldsymbol{x}^{k+1})) - \psi(R(\boldsymbol{x}^{k})) \ge \min\left\{\frac{\alpha}{4}, \frac{1 - 2^{-(2\theta - 1)}}{2\theta - 1}R(\boldsymbol{x}^{0})^{-(2\theta - 1)}\right\} = \frac{C}{2\theta - 1} > 0.$$

Hence, we have

$$\psi(R(\boldsymbol{x}^k)) \ge \psi(R(\boldsymbol{x}^0)) + \frac{C}{2\theta - 1}k \ge \frac{C}{2\theta - 1}k$$

and

$$\frac{1}{2\theta-1}R(\boldsymbol{x}^k)^{-(2\theta-1)} \ge \frac{C}{2\theta-1}k \to R(\boldsymbol{x}^k)^{-(2\theta-1)} \ge Ck.$$

Finally, we have

$$R(\boldsymbol{x}^k) \le (ck)^{-\frac{1}{2\theta-1}}.$$

5 Convergence Analysis of PPA (Nonconvex)

Similar with the analysis of PGD, we only have to check sufficient decrease and safeguard properties.

Proposition 11 (Sufficient Decrease Property). Suppose that F is ρ -weakly convex. Let $\mathbf{x}^+ = \operatorname{prox}_{tF}(\mathbf{x})$ where $t^{-1} > \rho$. Then, we have

$$F(\boldsymbol{x}^+) \leq F(\boldsymbol{x}) - \frac{1}{2} \left(\frac{1}{t} - \rho\right) \|\boldsymbol{x}^+ - \boldsymbol{x}\|^2.$$

Proof. By definition of the proximal operator, we have

$$\boldsymbol{x}^+ = \operatorname*{arg\,min}_{\boldsymbol{y}} \left\{ \frac{1}{2t} \| \boldsymbol{y} - \boldsymbol{x} \|^2 + F(\boldsymbol{y}) \right\}.$$

Since x^+ is the optimal solution of the $(\frac{1}{t} - \rho)$ -strongly convex optimization problem, we have

$$\frac{1}{2}\left(\frac{1}{t}-\rho\right)\|\boldsymbol{x}^{+}-\boldsymbol{x}\|^{2} \leq F(\boldsymbol{x}^{+})-F(\boldsymbol{x}).$$

Proposition 12 (Safeguard Condition). Suppose that F is ρ -weakly convex. Let $\mathbf{x}^+ = \operatorname{prox}_{tF}(\mathbf{x})$ where $t^{-1} > \rho$. Then, we have

$$\operatorname{dist}(0, \partial F(\boldsymbol{x}^+)) \leq \frac{1}{t} \|\boldsymbol{x}^+ - \boldsymbol{x}\|.$$

Proof. Recall that

$$\boldsymbol{x}^+ = \operatorname*{arg\,min}_{\boldsymbol{y}} \left\{ \frac{1}{2t} \| \boldsymbol{y} - \boldsymbol{x} \|^2 + F(\boldsymbol{y}) \right\}.$$

We drive its optimality condition as

$$0 \in \frac{1}{t}(\boldsymbol{x}^+ - \boldsymbol{x}) + \partial F(\boldsymbol{x}^+),$$

which implies

$$\operatorname{dist}(0,\partial F(\boldsymbol{x}^+)) \leq \frac{1}{t} \|\boldsymbol{x}^+ - \boldsymbol{x}\|.$$

Theorem 13 (Nonconvex). Suppose that F is ρ -weakly convex and $t^{-1} > \rho$. Then, we have

$$\min_{k \in [K]} \operatorname{dist}(0, \partial F(\boldsymbol{x}^{k+1}) \le O\left(\frac{1}{\sqrt{K}}\right).$$